Registration

Terry Kottman

Please mail registration and payment to:

SafePath Children's Advocacy Center, Inc. 736 Whitlock Avenue, Suite 600 Marietta, GA 30064

Name

Organization

Address

City/State/Zip

Phone

\$100.00

Email

Registration

Registration Fee:

CEU's:

Total:

\$20.00

CEU's (Please Circle)

Social Workers (NASW) Counselors (LPCA)

Play Therapists (RPT)

Register Online Click Here

or

Make Check Payable to SafePath

Registration Deadline: Sept. 9, 2019

NO REFUNDS or SUBSTITUTIONS

Please contact VickySpann.Safepath@cobbcounty.org with any questions or concerns. In the event, the workshop is cancelled, fees will be refunded.



SafePath Children's Advocacy Center, Inc 736 Whitlock Avenue, Suite 600 Marietta, GA 30064



SafePath Children's Advocacy Center

Presents

Terry Kottman, Ph.D., RPT-S, LMHC



Body Centered Play Therapy with Traumatized Clients

Sept. 13, 2019





ACCREDITED Member

Dr. Terry Kottman

Terry Kottman, Ph.D., Registered Play Therapist-Supervisor, NCC, LMHC, founded The Encouragement Zone, a center where she provides play therapy training, life coaching, "playshops" for women, and play therapy supervision. She regularly presents entertaining and engaging experiential workshops on play therapy; adventure therapy; activity-based counseling; counseling for children, adolescents, and their parents; consultation with teachers; and coaching adults. Prior to founding The Encouragement Zone, Terry spent eight years as a professor of counselor education at the University of Northern Iowa in Cedar Falls, Iowa, and five years as a professor of counselor education and director of the Child and Family Resource Clinic at the University of North Texas in Denton, Texas. In 2014, Terry was honored to receive the Lifetime Achievement Award from the Association of Play Therapy. In 2017, she received a Lifetime Achievement Award from the Iowa Association for Play Therapy.

About The Training

Based on current research on how trauma affects us, this workshop will address body-centered and art-based Adlerian play therapy tools for working with clients who have experienced trauma.

Agenda

Friday, Sept 13, 2019

8:30-9:00	Registration
9:00-10:30	Speaker
10:30-10:45	Break
10:45-12:00	Speaker
12:00-1:00	Lunch on Your Own
1:00-2:30	Speaker
2:30-2:45	Break
2:45-4:30	Speaker

Learning Objectives

After attending this workshop, participants will be able to:

- 1. Describe current research on the effects of trauma on people's brains, bodies, thoughts, emotions and behavior.
- 2. Use specific non-invasive body-centered techniques, such as body scans, yoga, meditation, mindful movement and breathing, dancing, and taping acupressure points, as interventions strategies with traumatized clients in play therapy.
- 3. Use Adlerian play therapy conceptualization tools for understanding how trauma has had an impact on clients' lifestyles.
- 4. Describe 5 strategies for activating clients' parasympathetic nervous system.
- 5. Describe 5 principles of trauma-informed therapy with children and adolescents.
- 6. Describe the process of using sensor-motor art processes and/or sensory image drawings with traumatized clients in play therapy.

Continuing Education

Professional Counselors

6 CORE contact hours of continuing education approved by the Licensed Professional Counselors Association of Georgia (LPCA CE Approval #XXXX-XX)

<u>Social Workers</u> 6 Related Continuing Education Hours have been approved by NASW-GA.



<u>Play Therapists</u> 6 Contact Play Therapy Credit Hours Approved through the Association for Play Therapy. APT Approved Provider XX-XXX.

Location

Cobb Senior Wellness Center 1150 Powder Springs Street Marietta, GA 30064

Directions

From North I-75

-Take I-75 South to North Marietta Parkway Exit 265

-Exit Right onto North Marietta Parkway

- Go approx. 2.4 miles – at light continue straight on Powder Springs St

-Go approx. 2.2 miles - **Cobb County Senior Wellness Center** will be on the right

From South I-75

-Take I-75 North to Windy Hill Rd Exit 260

-Exit Left onto Windy Hill Rd

-Continue straight on Windy Hill (approx. 8 miles)

-Turn Right onto Powder Springs Rd

-Go 2.5 miles – **Cobb County Senior Wellness Center** will be on the left

Register Now! Click Here